2:Musil S-C, 5 (no date)1928 MD4 Rwala MD4

as long as it is in grain, *al-ḥimmṣ alli ba'ad ḥabbeh ṣaḥiḥ*." 252
The wheat is beaten in a wooden mortar, *mihbâš*, with a pestle, *'amûd*, or it is ground in a small mill, *raḥa'*. These mills 412
are made by the Rwala women, who hew two pieces of basalt 404
or lava into shape, hollow out an aperture, provide them with an iron axle, *ḥalb*, and make a wooden handle, *ḥâdi*, the mill now being completed. If they wish to use it for grinding, they spread a piece of leather or closely woven stuff, *ṭfâl*, on the ground, put the mill on it, pick up the grains in the left hand, shake them into the aperture in the upper stone, *al-foweḥa*, and the flour falls into the lower one, *at-taḥta*, and upon the outspread rug, *jiḥa' 'ala-ṭ-ṭfâl*. While grinding they sing simple songs such as:

FIG. 23—A leather bucket, *delw* (see p. 72).

"As the mill handle turns (and yet does not leave the lower stone, would that this were so among people!) may each woman possess her beloved; *'id ar-raḥa mâ dirah killen tâḥod 'alîrah*." Or:

"Today I am grieved, but the servant of the Bountiful is (appointed by him as) our guardian; *al-jowm ana wağ-'ana 'abd al-karîm wawaddna*."

They never grind for the purpose of storing up supplies; 251
at the most they grind enough to leave something over for 261
bread to be offered to guests for breakfast on the morrow.

If they wish to bake bread, they shake the flour on a 252
ṣaḥa-pan (or *'alb*), salt it, add water, and knead it into a dough in a *maḥmar*. This they mix into a large loaf, take it out of the *maḥmar*, place it on a piece of leather or on a cloak, turn the *maḥmar* or *ṣaḥa* over, pull off a piece of the dough, and from it knead a large thin cake, *tefaḥḥes*, on the *ṣaḥa*. When it has covered the whole of the *ṣaḥa*, a woman seizes it in both hands and, throwing it up in the air, draws it out more and more, till sometimes it is as thin as paper, *fewaseʃ tiwsiʃ*. The ready-made cake she places on a *wisaʃ*. Before this she takes a deep bulging sheet of iron, *ṣâj*, about